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A resolute personality from mountains, Parshuram Awardee Johny Chaudhary: A case study

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Abstract

A case study is an in-depth examination, often undertaken over time of a single case – such as a policy, program, intervention site, implementation process or participant. Much of Freud's work and theories were developed through individual case Studies. In a case study, nearly every aspect of the subject's life and history is analyzed to seek patterns and causes of behavior. The hope is that learning gained from studying one case can be generalized to many others. The research is done in order to analyze the contribution of “Parshuram Award” winner Johny Chaudhary to the promotion of Indian wrestling, to society and to know him as an individual personality. Data for the study was derived from primary and secondary sources. Standard questionnaire was designed under supervision of experts to collect personal and professional information for the study. The study will be a valuable addition to the professional literature in sports and physical education. This research also provides worthwhile information in context to the hurdles and struggles faced by sports persons and will be significant to motivate new sports generation.

Keywords: Case study, wrestling, Parshuram Award, literature, struggle

1. Introduction

The word “sport” comes from old French word “desport” meaning “leisure”. In English language it was derived as anything humans find amusing or entertaining. Sport can be defined as any form of physical activity often competitive and organized that aims to improve physical ability and skills while providing enjoyment and a feel of satisfaction to participants and also entertainment to the spectators^[7]. Today thousands of men and women Olympic athletes from countries throughout the world, train year-around to compete in sports such as basketball, tennis, swimming, track, and more. Some athletes compete for individual glory, while others only seek to represent their country at the highest level. Games have always considered as an integral part in culture of India. In the older days, sports and sports persons were given due importance by our ancient rulers.

Wrestling is one of the oldest sports of human history. Traces of wrestling can be seen in every part of world in all civilizations. In ancient mythologies, in Sumerian literature Gilgamesh wrestled with Enkidu around 2nd millennium BC^[5]. In the “Book of Genesis” patriarch Jacob wrestled with the Angel. In Sanskrit epic “The Mahabharata”, evidence of Bhima and Jarasandha wrestling with name “Mallayudha” also found. Wrestling was the part of ancient Olympic also and unanimously agreed as decisive event. Wrestling was played without specific rules before Olympic movement^[6]. In 1896, wrestling was also the part of first modern Olympic Games^[5].

United World Wrestling (UWW) is the international governing body for the sport of amateur wrestling in the world. In India, Indian Olympic Association (IOA) and Wrestling Federation of India (WFI) are responsible for organizing and promotion of wrestling in the country.

In order to acknowledge the contribution of a player to the prestige of nation by means of sports and games, Indian Government started “Arjun Award” in 1961 and with the same spirit Himachal Pradesh Government introduced “Parshuram Award” (highest state sports award) in 1987 to those who performed exceptionally in sports at national and international level. In this award, player receives Rs. 50,000/- cash along with idol of “Parshuram” made of bronze. In Indian mythology Parshuram is an immortal warrior. This honour is conferred by the Chief Minister of state. This tradition has been started with a view to getting excellent players in every sport and game. Till now many sincere players have been honoured. Thus the achievements of the players are honored by the Indian government and the state government

which is a positive sign for the world of sports and games. Here, therefore player on whom the study is intended is "Parshuram award" winner.

2. Objective

In view of the said points, the study was necessitated on "A Resolute Personality from Mountains; Parshuram Awardee Johny Chaudhary: A Case Study" with the following objectives:

1. To find out sports achievement of Parshuram Awardee Johny Chaudhary.
2. To investigate contribution of Parshuram Awardee Johny Chaudhary to Indian wrestling and society.
3. To study the personality of Parshuram Awardee Johny Chaudhary.

3. Methodology

1. Study Character

For the case study, investigator selected 100 characters who are family members, friends, relatives, neighbors, coaches, teachers, contemporary players, students, colleagues and senior officials as subject characters to make study in this research.

2. Standard of Measurement

In order to get authentic and accurate information from of the selected subject characters' the investigator adopted tools like Opinionnaire, questionnaire and personal interviews designed under supervision of experts and performed personal visits.

3. Collection of Data/Information

The data/ information for investigation was derived from the Primary and secondary sources.

3.1 Primary Sources

Primary Sources include personal records such as degrees, honors, books and articles to retain desired information and facts. The Investigator personally conducted many interviews at different times, each time by taking prior appointments with him. The focus of the interview was mainly around his family background, environment influence, childhood, sports participation; personality influenced him, obstacles, career and achievements. Pictorial records and published material such as pamphlets, articles, and newspapers etc. were analyzed and information retained for investigation.

3.2 Secondary Sources

Survey technique was used to obtain responses and reaction about Mr. Johny Chaudhary from 100 selected characters. Opinion Rating Questionnaire was constructed with the help of experts. Data/information collected through primary and secondary sources were analyzed qualitatively which was facilitated through the use of external and internal criticism. Quantitative analysis was also employed to the data collected by using opinion rating questionnaire for statistical inferences.

3.3 Analysis and Interpretation of Data

Data/Information collected through primary and secondary sources were analyzed qualitatively which was facilitated through the use of external and internal criticism.

4. Early Life

The wrestler born in a small village named Jaral of

Himachal Pradesh on 15 May 1987 in a farmer family. His father Mr. Ramsingh Chaudhary, a former wrestler was the first one to coach him. He is the younger one in two brothers. The family had a sports environment as the elder brother is a national medalist in Boxing. Wrestling was not that popular in mountains at that time. A few people knew about the wrestling. In spite of all odds he started his wrestling journey at the age of 8 under the guidance of his father in farms, as no wrestling specific facilities were available in locality. The small eyes of the boy saw a big dream of grabbing medals for the nation. First prize money for winning a wrestling bout in his local competition was Rs. 50/- which worked as a milestone for more progress as prize was not only money but also brought prestige and applauses. The journey of mud wrestling had started and the kid became famous in local areas. After seeing the progress, family decided to send him to "Chhatrasal Stadium, Delhi" in 2003 hoping for a glorious journey of wrestling career.

5. Competitive career

To get enrolled in Chhatrasal stadium was not an easy task as the selection was only for outstanding sportspersons. The boy with a limited experience and exposure of wrestling had to fight at both places i.e. on mat and off the mat social discrimination for being from a state not popular for wrestling. The hilly kid won three bouts with already enrolled wrestlers to secure his place. The young wrestler astonished to saw best wrestlers of the country there. Johny Chaudhary was most impressed by wrestler Sushil Kumar for his dedication and discipline for wrestling. First competition on mat for him was Rajiv Gandhi Gold Cup in 2005 held at New Delhi. The wrestler shocked everyone by securing silver medal as it was not expected to get medal from a new comer. The next competition was School National Championship in 2006. Securing his place in Delhi state team was tough task as he had to give trials to five wrestlers one of them was senior national medalist. The kid continued his journey of winning and won gold medal in the competition. But he was not awarded with certificate and that was given to some other wrestler with unfair means by a coach by misusing his powers as no competition recording was available at that time. The boy felt psychologically broken after that act of discrimination in sport. He was the only one in wrestling center to get Gold medal in wrestling from a specific state. Wrestlers are known for their mental grit. Instead of losing hope he worked hard and won consecutively two medals in All India Inter University Championships. The boy from mountains had become a man now and won gold medal in National Games, 2011 and became first ever wrestler from Himachal Pradesh to win a Gold medal in the event.

It is a well-known fact that injuries are integral part of sports. Wrestling is the highest injury risk sport after American football^[8]. The dark phase of a sport starts when encountered with injuries. Johny is one of them with multiple injuries resulting a long period of absenteeism from sport. He suffered with major injury in biceps in 2012 which took many years to recover. The period was full of negative experiences and weakened the will to come back again. But he took injuries only as a challenge not the destiny and worked hard. Result of hard work always comes with flying colors and he got bronze medal in Senior National championship 2017 and the journey started again.

6. Sports Achievements

Table 1: Sports Achievements

Year	Championship/ Tournament	Venue	Category	Position/Medal
2005	Rajiv Gandhi Gold Cup	New Delhi	80kg	Silver
2006	School National Games	New Delhi	84kg	Gold
2007	All India inter University Championship	Kolhapur	84kg	Bronze
2007	Junior National Championship	J&K	84kg	Bronze
2008	All India inter University Championship	Rohtak	84kg	Gold
2011	Senior National Championship	Ranchi	84kg	Bronze
2011	Senior National Games	Ranchi	84kg	Gold
2012	Saheed Bhagat Singh Gold Cup	Jalandhar	84kg	Bronze
2017	Senior National Championship	Indore	92kg	Bronze
2018	Senior National Championship	Kolhapur	96kg	Bronze
2021	Senior National Championship	Gonda(U.P.)	92kg	Bronze

Apart from National and International competitions, he is also a winner of Bharat Kumar title 5 times and Himachal Kumar /Keshri title for 12 times.

7. Professional Career

Mr. Johny Chaudhary joined Department of State Taxes and Excise, Himachal Pradesh as Excise Inspector in 2014 and presently serving as Asst. State Taxation & Excise Officer.

8. Awards and Honours

Mr. Johny Chaudhary was conferred with highest state sports award “Parshuram Award” in 2011 and “Shan e Himachal Award” in 2015 by Chief Minister of the state for the recognition of his contribution and sacrifices for the promotion of wrestling in the state and country.

9. Significance of Study

1. This study will be a precious addition to the professional literature, wrestling, and physical education.
2. This study will be advantageous to encourage the

wrestlers and sports promoters.

3. This would be a valid document of the past and will reveal historical prospective to the coming generations in the field of wrestling.

10. Delimitations of the study

1. Study will be delimited to the contribution of Johny Chaudhary in Wrestling.
2. The study will be enclosed to social personality of Johny Chaudhary.
3. Study will be only delimited to sports achievements and professional career of Johny Chaudhary.

11. Opinion Rating Survey of Mr. Johny Chaudhary

To assess the different dimensions of Mr. Johny Chaudhary's personality, opinion rating survey was conducted. Total of hundred character subjects who were associated with Mr. Johny Chaudhary as players, admirers, colleagues and his contemporaries were chosen for the study. For the analysis of data, statements were separately recorded and presented through a table.

Table 2: The percentage of responses of study characters are represent

Statements	Strongly Agree	Agree	Strongly Disagree	Disagree
Mr. Johny Chaudhary is a positive person	80%	12%		8%
He is punctual to his work	82%	18%		
He is very disciplined athlete	91%	9%		
He possess a good physique	75%	18%		7%
He is a helping nature person	82%	16%	2%	
He is having patience and perseverance	90%	6%	1%	3%
He is health conscious	86.5%	13.5%		
He is a religious mind person	78%	19.5%		2.5%
He is stubborn	15%	26%	59%	
He loses his temper	64%	22%	3%	11%
He is cares for his family	93%	7%		
He has sympathy towards others	88.6%	11.4%		
He is a role model for others	81%	19%		
He is a kinesthetic learner	76.3%	18.5%		5.2%
He is a rigid personality		13%	82%	5%
He is having good sense of humor	88%	12%		
He is sadist personality			92.7%	7.3%
He is very hardworking and industrious	79.2%	20.8%		
He has great aspiration	96%	4%		
He is proud of his country	86.5%	13.5%		
He motivates juniors and respect their efforts	83%	17%		
He is very friendly and co-operative	77%	23%		
He has a strong will power	91%	9%		
He does not support discrimination	94.2%	5.8%		
He support talent and discard parallel system	91.9%	8.1%		

He is athlete centric coach	82%	16%		2%
He believes in two way communication	79%	18%	2%	1%
He is not emotionally strong		6%	80%	14%
He is a good asset for society	93%	7%		
He respect quality of person over age	86.4%	13.6%		

12. Conclusion

Result of opinion rating survey and interviews indicates that Mr. Johny Chaudhary bears a very pleasant personality. He has a lot of patience and perseverance. He is an outstanding sports person with great efficiency to overcome obstacles. He is a role model for many persons with limited facilities and sports exposure. Give due regard and inspiration to upcoming players. He does not compromise with his principles and has great public relations. Because of his qualities he attains a respectful place in society. Punctuality and discipline are the part of his life. His mental toughness and strong willpower makes him a role model for others.

13. Suggestions

1. It is suggested that similar case studies are to be conducted on eminent sports personalities of other sports also.
2. II.. More studies are to be conducted on female athletes.
3. Findings of these studies may be incorporated to the syllabus of sports diploma courses and physical education.
4. More comparative studies of eminent sportspersons are to be conducted.

14. Conflict of interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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